



# Lakeland, FL

Population: **98,968**

Population Density: **1,327/sq. mi.**

**Pedestrian Plan**  
**Program Website**

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## Community Highlights

Lakeland is designated as a Bronze-level community due to its vibrant system of trails and parks; education and enforcement efforts focused on pedestrian safety; and the city's political support for walking initiatives. Highlights of Lakeland's application include:

- Lakeland's **Pathways Plan** includes sidewalks, bike lanes, and multi-use paths. The city has **26.5 miles of trails, and another 100 miles planned**. The hub of the "Lake-to-Lake" network is Lake Mirror Park in Downtown Lakeland, which includes Barnett Family Park, Lake Mirror Center, and Hollis Gardens. Lakeland's trails also connect schools, medical facilities, and neighborhoods.
- The City Commission **adopted a resolution** re-confirming its support of existing plans, policies and programs to promote walking. Another example of Lakeland's **political leadership encouraging active lifestyles** is the **twice-monthly walks** hosted by a city commissioner: "No timers, no medals, just an opportunity to get up, get out and start walking."
- The Lakeland Police Department (LPD) has produced a nice series of videos called **Rules of the Road** to **educate the public on pedestrian and bicycle safety**. The LPD also has a representative on the city's Bike-Pedestrian Safety Team, which reviews bike/ped projects.
- Lakeland has partnered with its transportation planning organization and the Florida DOT to **identify pedestrian safety issues** using tools like Road Safety Audits, Intersection Safety Indices, and walkability audits.
- Lakeland uses **maximum parking standards** that are applicable everywhere except the Central Business District, where there is no off-street parking requirement (although there is a bike parking requirement).